



Jumpstart Switzerland

women investing in women

ANNUAL REPORT
2016

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Message from the President

Some words come in and out of fashion, but “sustainability” is a word meant to last forever. Last year I wrote that I am aiming to secure our work and the work of our partners for longevity, by helping our partners become integrated into the Zambian system. First step I thought would be a website for the Zambian partners. But that slid down to a lower place on the priority list. First step is indeed to strengthen the partners’ institutional capacity. To that end, in May 2016 during a day-long seminar, we delineated tasks and goals for the coming year: our partners would actively seek local funding and support, would offer their services and compete for grants in projects such as: outreach in HIV, Malaria, Tuberculosis, Sexual and Reproductive Health. They would continue to seek individual and group training: as legal aid counsellors, in human resource management, in counselling survivors of gender-based violence. They would take more responsibility in adapting projects to local needs, and internal audits would be performed as a form of institutional feed-back. Finally, Bumi Bwesu would take more responsibility for its own financial efficiency.

I am happy to report, that this year we were able to see great advances: most measures delineated in the strategic plan were implemented. Bumi Bwesu has become the second top NGO in the district working for Children’s Rights and Protection (second only to World Vision) and the most important centre in the district working against Gender Based Violence. Unfortunately, as of yet, no financial support from the government has been forthcoming, although Bumi Bwesu has applied for grants.

Our microcredit program has surmounted the throws and tribulations of restructuring, and is now growing into a mature, reliable and more tightly knit financial entity.

Last but not least, Bumi Bwesu has acquired land and plans to build its own premises. We are hoping to get at least some governmental co-funding for construction of the house, as Jumpstart financed the land purchase.

In terms of fundraising, we have been fortunate this year with funding from the Basel Association for Medical Cooperation, Institute für Arbeitsmedizin Baden, International Soroptomists Germany, and the Foundation METSI/MOLEMI Basel, as well as from the upcoming “Soup Days” organized by the Suppentagskommission Allschwil, not to forget the small and loyal circle of family, friends and colleagues.

Thanking all of those who have helped this year – be it with advice, financial support, or your trust – yours faithfully,

Jody Stähelin, MD in Paediatrics
FMH Kinder- und Jugendmedizin
Master of International Health
President, Jumpstart Switzerland

I. Ongoing Projects

A. Economic Empowerment

1. Microcredit

The new team at Lubuto Jumpstart Women's Empowerment, the local partner organization which runs the microcredit program, has had a trial by fire learning how to manage the microcredit program. In 2015 we restructured. We put in more checks and balances as well as more transparency and efficiency, by putting management under the auspices of Bumi Bwesu Youth Centre and moving Lubuto into Bumi Bwesu headquarters. Women loan recipients became more actively involved in monitoring the flow of funds, there were fewer paid staff, and all salaries became strictly results-based. In May 2017 I hired an external Zambian consultant from Lusaka to perform an internal audit to objectively assess progress.

Restructuring and focusing on fewer centres has paid off. We reduced from 7 to 6 centres last year: three of the remaining six centres of fifty women each are performing well with only minimal portfolio at risk. We have therefore decided to increase their portfolios this year. Two other centres are following in their footsteps. We will supervise them another year, and if performance is up to standard, we will then increase their portfolios as well. One centre will drop out after the current cycle. We will then be serving a total of 250 women with proven good track records over the past three to five years. Next step will be to stick with these women and increase the individual loan amounts.

B. Sexual and Reproductive Health: Bumi Bwesu Youth Centre

1. Gender Based Violence

In July 2013, with financial support from Jumpstart and its northern partners, as well as intensive training from experienced Zambian experts in the field, Bumi Bwesu Youth Centre opened the doors of a Coordinated Response Centre for Survivors of Gender Based Violence.

Bumi Bwesu continues to provide comprehensive care and guidance for survivors of gender based violence. In addition, Bumi Bwesu counsellors sensitize the community via radio and regular visits to schools, villages and stakeholders. We at Jumpstart continue to support our partners not only financially but also in capacity building, by financing seminars in medical, psychological and legal aspects of gender-based violence, whenever possible, with Zambian facilitators.

In 2015, sixty-one people sought help at Bumi Bwesu Centre. In 2016 it was 151. That does not mean gender-based violence is on the rise, but rather, more people are seeking help – fulfilling one of our goals. The most frequent cause for help is “spouse-battery” (beating one's wife, or rarely the case, one's husband); the second most common complaint is “marital conflict”; there is a lot of “psychological abuse,” no less in Kashikishi than in Switzerland or the US; and then the very peculiarly Zambian problem called “property grabbing.” Property grabbing occurs when the head of the household, a man, dies, and his relatives claim the property instead of letting the wife and children inherit it. There are laws in Zambia which govern inheritance in the absence of a will, but most people do not know about their rights. Our counsellors inform them and guide them through the courts. Finally, there were seven cases of “defilement” (child sexual abuse), one of which was also a case of incest.

2. Sexual and Reproductive Health

Bumi Bwesu Youth Centre continues to promote Sexual and Reproductive Health in general, especially in the area of HIV and pregnancy prevention among youth. They perform HIV Voluntary Testing and Counselling as well as outreach programs in the home.

Bumi Bwesu Results 2016

Specific Objective	Activity	Targets	Beneficiaries 2016
GBV	sensitization of men and women in villages	2 villages per month	1,500 people
	sensitization of youth and teachers in schools	2 schools per month	2,500 pupils 90 teachers
	interactive radio program	1 broadcast per week	20'000 listeners per week
	Advocacy with police, justice department, hospital	1 meeting per month	12 persons per month
	Coordinated care of survivors ("victims") of GBV	Ongoing & increasing	151 new cases
	Personnel training: legal aid	1 seminar per year	6 employees
	Personnel training: counselling skills	as available	6 employees
Family Planning	Dissemination of information to small groups in villages	2 villages per month	600 Frauen
HIV	Information, Education und Communication (IEC), condom promotion and distribution	ongoing demand covered	30,000 condoms 1800 people 1500 flyers
	HIV Voluntary Counselling and Testing	ongoing demand covered	600 people

C. Beyond microcredit: an Integrative Approach to Microcredit and Sexual and Reproductive Health

Each year we move closer to a true merger of the Lubuto Microcredit program and the Bumi Bwesu program on Sexual and Reproductive Health. Currently the microcredit program is being managed by Bumi Bwesu, and the office premises have been relocated to Bumi Bwesu headquarters.

As in previous years, the staff of Bumi Bwesu rotate from village to village, piggy backing talks on Sexual and Reproductive Health, Family Planning, Gender Based Violence and HIV prevention onto the pre-existing micro-credit group meetings. These talks are linked to services rendered by the District Health Office. As we operate within the existing health structure, we are strengthening the current health system.

By linking the microcredit and sexual and reproductive health programs we use our network of 250 women in 5 villages to spread the message about GBV and to disseminate information about Family Planning, HIV and Sexually Transmitted Infections. Linking the two programs gives women not only the information but also the economic means to find the best solution.

Last year we targeted men as well as women in the community sensitizations on Family Planning. Unfortunately, male attendance was erratic and petered out to nothing. Here we need to brainstorm, how to reach men more effectively. That is one of our goals for the future.

II. Board of Directors

We continue with a slim Board of three women: Louise Vilèn, Judith Safford and Jody Stähelin. There have been no momentous changes, except to mention that Judith Safford currently works for the Institute of Arthritis Research as Communications Manager and Fundraiser.

III. Income and Expenses Jumpstart Switzerland 2016 in Swiss Franks (CHF)

	Income		Expenses
Capital as of 31.12.15	4093	SRH/GBV (Bumi Bwesu)	21644
Restricted Donations	0	Microcredit (Lubuto)	0
Unrestricted Donations	29982	Bank Fees	246
		Administration	0
		Expenses 2016	21890
		Capital per 31.12.16	12184
		rounding off	1
Total CHF	34075		34075

Donors 2016:

Institut für Arbeitsmedizin ifa (Institute of Occupational Health), Baden
 Förderverein Soroptimist International, Germany
 Basler Förderverein für medizinische Zusammenarbeit
 Privatpersonen



18.01.2017

Jody Stähelin
 President Jumpstart Switzerland



Binningen,

Solothurn 18.01.2017

Louise Vilèn
 Treasurer

IV. Jumpstart Switzerland Strategic Plan: the Balance 2015

Project	Plan 2009	2010	2011	2012	2013	2014	2015	2016
Micro-grants to women's groups	Expand by 25 women's groups per year.	19 new projects. New plan: phase out by 2012	9 new women's projects	Phased out	Phased out	Phased out	Phased out	Phased out
Microcredit	Build local capacity and infrastructure to manage loans by 2012. By that time Jumpstart will provide 75% microcredit, 25% grants.	Loan officer training course for 7 local candidates conducted in Zambia.	JS & local partner Lubuto initiate MC program. 110 women receive loans \$100 each. Health outreach provided to village women.	200 women receive MC. Total loan capital \$20,000. FP outreach and psycho-social counseling implemented.	350 women receive MC, total loan capital over \$35,000. Outreach in FP, HIV, STI's, GBV integrated in program.	450 women receive MC, total loan capital \$45,000. Outreach in SRH continues, emphasis on FP	Jumpstart Capital investment expired. Restructuring ongoing. Since June 2015, Microcredit program is self-sustaining	Microcredit program functions well after restructuring.
Study Impact of MC			Plan: conduct & get independent funding for study	2 bachelor students complete pilot, funding ✓		3 masters students complete Phase I, funding ✓	Phase II postponed	Phase II not implemented due to lack of funding
School income-generating projects	Continue to monitor ongoing projects, no new projects.	3 Sewing machines reclaimed	Phased out	Phased out	Phased out	Phased out	Phased out	Phased out
Bumi Bwesu Youth Center	JS fundraise for BBYC. J Stähelin will increase advisory function as pediatrician & specialist international health	JS, BFV, Aids & Kind co finance. J Stähelin & BBYC staff conduct study on adolescent sex'l behavior.	BBYC financed by Aids & Kind grant (\$25,000/yr). Jumpstart trained local staff in "Life Skills" workshops and Focus Group Discussions.	Aids & Kind grant of \$25,000/yr still current. Outreach extended to remote Kabuta. Life Skills and Focus Group Discussions implemented.	Aids & Kind expired. Coordinated Response Centre for GBV Survivors established: staff trained locally, funding thru 2014	BBYC continues work in HIV VCT. GBV center running. Outreach in GBV, FP, STI/HIV expanded	BBYC continues work in HIV VCT. GBV center running. Outreach in GBV, FP, STI/HIV expanded & linked to microcredit	BBYC continues work in HIV, VCT, GBV. Outreach in GBV, FP, STI/HIV expanded & linked to microcredit. BBYC increases organizational capacity.
Personal Capacity Building	JS will seek funding ad hoc for promising Zambian candidates to pursue higher education	JS negotiated funding by BFV for university distance learning Alex Chabu	Alex Chabu successfully completed 1st year distance learning at Cavendish Uni	Alex Chabu successfully completed 2nd year of distance learning at Cavendish Uni	Grandwell Chilukuta completed 2 yrs nursing school, co-manager of BBYC	Grandwell Chilukuta continues as co-manager and medical advisor to BBYC	Grandwell Chilukuta continues as co-manager and medical advisor to BBYC	Trainings conducted: Legal Aid ✓ Counselling ✓ Manager attends course in HR management
Organizational growth	Goal: Budget of \$50,000/yr by 2014.	Expenses: sFr 16,000	Expenses: sFr 38,348	Expenses sFr 36,000	Expenses sFr 54,938	Expenses sFr 54,725	Expenses SFr 22,351	Expenses SFR 21,890 CH